Return to Normal Daily-Life Measures

for the GCC Countries, 2020
The United Arab Emirates

- **Curfew Restrictions:**
  - Lift imposed curfew starting from Wednesday 24th of June 2020

- **Transportation:**
  - Resume Public transportation services in Dubai gradually including Metro, Buses and Subways, starting from April 26th

- **Recreational activities:**
  - Allow cafés and restaurants to resume their activities, and hold 30% of customer capacity.
  - Open shopping malls from 12 pm to 9 pm for all age groups.
  - Resume the work of a range of economic activities in Dubai starting from 18th of June 2020 such as public libraries, private museums, art galleries, home care services for elderlies, home beauty salon services, camping, swimming pools, fitness centers, sports and water parks, sport courts, children play grounds in public parks and beaches and different cinema halls.

- **Sports Activities:**
  - Allow holding all national Football League (first division) clubs.
  - Lift restrictions on practicing maritime activities in Dubai.
  - Allow resuming sports activities and Gulf championships.
  - Allow resuming sports activities in Abu Dhabi including private indoor activities in closed places with a capacity of 40%.
The Kingdom of Bahrain

- **Curfew Restrictions:**
  - No curfew was imposed. COVID-19 restrictions have been eased and shops and industries re-opened according to precautionary regulations as of April 10th, 2020.

- **Transportation:**
  - Resume transportation of trucks and drivers from Bahrain to Saudi Arabia via King Fahd Bridge, as of Sunday, 2nd of August 2020.

- **Recreational activities:**
  - Resume providing outdoor services in restaurants and cafes as of 3rd September 2020, and provide all indoor and outdoor activities in restaurants and cafes starting from 24 September 2020.
  - Gradual readiness to re-open tourist restaurants in hotels (4-5 stars) and allow reservations at tourist restaurants for special events up to 20 people per group.
  - Re-open of training institutes starting from 3rd September 2020
  - Allow re-opening of commercial and industrial shops that provide goods and direct services to customers according to specific requirements.

- **Sports Activities:**
  - Reopen of Gyms, outdoor playgrounds and swimming pools starting from August 6th.
Curfew Restrictions:
Curfew was fully lifted in all regions of the Kingdom as of 21/6/2020 with complete adherence to the precautionary procedures and health requirements.

Transportation:
Resume passenger traffic inside the kingdom through land and sea transportation means starting from 31/5/2020

Recreational activities:
Re-open restaurants and cafes, with full compliance to health requirements
Resume work of men’s barber shops and women’s beauty salon.
Re-open parks, playgrounds and prepare all municipality facilities according to the applicable precautionary procedures and measures starting from 21st of June 2020.

Sport Activities:
Resume sport activities in gyms and sport centers starting from 21 June 2020
Sports organizations to specify date to resume competitions starting from 4th August and continue suspending attendance of audience with full adherence to precautionary measures.
The Sultanate of Oman

- **Curfew Restrictions:**
  - Lift full lockdown between governorates
  - Lift lockdown on Dhofar governorate starting 1st of October 2020

- **Transportation:**
  - Resume Public transportation between cities as of September 27 2020, and within Muscat from October 4, 2020, according to the applicable regulation in order to ensure the safety of all users and workers.

- **Recreational activities:**
  - Re-open all commercial malls with adherence to the applicable health measures
  - Re-open tourist and international restaurants starting from 18 August 2020 and re-open public restaurants and cafes starting from 26 August 2020.
  - Reopen barber shops and personal care shops for men and women, water and beach bikes activities, rental and sale of wedding supplies as of August 26, 2020.

- **Sports Activities**
  - Re-open some sports stadiums to train national teams for continental and international competitions as of August 18, 2020.
  - Resume Arab camel races starting from 26 August 2020
  - Resume sports activities for all private organizations operating in the field of sports, including (federations, committees, clubs, national teams and any other activities) starting from 25th of September 2020.
Qatar

- **Curfew Restrictions:**
  - Oblige all members of the community to download EHTERAZ application and activate it on their smartphones when exiting the house for any reason starting from 22nd May 2020, and lift the restrictions imposed gradually in four stages.

- **Transportation:**
  - Oblige all citizens and residences to leave and move with no more than four people in the vehicle, including the driver.

- **Recreational activities:**
  - Allow medium-sized gatherings of up to 10 people indoors and 30 people in open spaces (outdoors).
  - Re-open commercial malls with full capacity of 50%.
  - Re-open restaurants gradually including restaurants and cafes in shopping malls (except food courts).
  - Re-open Health clubs and gyms with half capacity (50%) and continue suspension of Jacuzzis, saunas and indoor swimming pools.
  - Re-open beauty salons and barber shops with capacity of 50%.
  - Continue operation of museums and public libraries with capacity of 50%.

- **Sports Activities:**
  - Resume sports activities and the current sport season, as of 26th of July 2020 until the end of all sports competitions.
  - Continue the current football season 2013/2020, during the period from 24 July to 26 August.
Kuwait

- Curfew Restrictions:
  - Lift partial curfew imposed all over the country starting from Sunday 30th of August, and continue suspension of some activities.

- Transportation:
  - Allow taxis to hold one passenger only along with the driver
  - Allow the use of public transportation with full adherence to health measures

- Recreational activities:
  - Re-open restaurants and cafes with compliance to health measures
  - Reopen hotels, resorts and hotel apartments
  - Re-open commercial malls (10pm-6pm)
  - Re-open public parks

- Sports Activities:
  - Re-open sports & health clubs, personal care shops (Barber shops and health resorts), tailor shops and workshops.
  - Resume football activities for continental and international tournaments, provided that events to be held without any audience in compliance with health requirements.